

Saint Ann

40 Hours Devotion

Closing the Year of Saint Joseph and Ushering the Season of Advent



The Forty Hours Devotion is a special 40-hour period of continuous prayer made before the Blessed Sacrament in solemn exposition.

The focus of this devotion is on the Holy Eucharist. As Catholics, the words of our Lord burn in our hearts: *"I myself am the living bread come down from Heaven. If anyone eats this bread, He shall live forever; the bread I will give is my flesh for the life of the world"* (Jn 6:51).

The Forty Hours Devotion can be seen almost like a parish mini-retreat or mission. The Forty Hours Devotion is a special forty-hour period of continuous prayer made before the Blessed Sacrament in solemn exposition.

The number 40 has always signified a sacred period of time: the rains during the time of Noah lasted 40 days and nights; the Jews wandered through the desert for 40 years, our Lord fasted and prayed for 40 days before beginning His public ministry. The Forty Hours Devotion remembers that traditional "40-hour period" from our Lord's burial until the resurrection.

The Forty Hours Devotion provides a wonderful opportunity for the spiritual growth of each person and the parish as a whole. The period when the Blessed Sacrament is exposed for Adoration is a gift of a special time for prayer to anyone who longs to stay in the presence of our Lord, celebrate God's longing to be near us, and be healed and strengthened by the graces of the sacraments.

Saint Ann's 40 Hour Devotion Program

Nov. 28, Sunday, 4p.m. Adoration with Evening Prayer

Sign up Genius 4pm-10pm.

Families, individuals, parish groups

Music & Meditation

Concludes at 10p.m.

Confessions

Nov. 29, Monday, 9a.m. – 9pm.

Sign up Genius for every hour from 9a.m. – 6pm.

7:30p.m. – 7:50pm. A preacher to give reflection on the Eucharist

Music & Meditation

Confessions

Nov. 30, Tuesday, 9.m. – 9p.m.

Sign up Genius every hour from 9a.m. – 6p.m
7:30p.m. – 7:50pm. A preacher to give reflection on the Eucharist
Music & Meditation

Dec. 1, Wednesday, 9am- 9p.m.

Sign up Genius for every hour from 9a.m. – 6pm.
7:30p.m. – 7:50pm. A preacher to give reflection on the Eucharist
8p.m. – 9p.m. Youth Invictus Adoration
Confessions

Theme: Eucharist, Body of Christ, Broken for the World

2nd Night, Nov. 29, Monday, 7:30-7:50p.m.

Preacher: Fr. Andrew Hofer, OP

Gospel reading Jn 6: 22-27 **We Experience the Eucharist as a community**

The Eucharist draws each of us to Christ as individuals, but also as a community. A truly Eucharistic community cannot be closed in upon itself (JP II, *Ecclesia de Eucharistia*, (On the Eucharist), no. 39); rather the Eucharist challenges us to recognize our place within a community and the human family in all its brokenness and need.

3rd Night, Nov. 30, Tues, 7:30- 7:50p.m.

Preacher: Fr. Isaiah Beiter, OP

Gospel reading Jn 6: 28-35 **The Eucharist moves us and inspires us to respond.**

Contemplating Christ's sacrifice for the world in need, we are compelled to follow his example. Drawn "into the very dynamic of his self-giving" we are moved to self-giving action in solidarity with the members of our human family who face injustice (*Deus Caritas Est*, no. 13).

"Eucharistic worship is the expression of 'the love that springs up within us from the Eucharist' – that love which is the authentic and deepest characteristic of the Christian vocation" (JP II, *Dominicae Cenae*, no. 5)

4th Night, Dec. 1, Wed, 7:30-7:50p.m.

Preacher: Fr. John Baptist Ku, OP

Gospel reading Jn 6: 52-59 **The Eucharist prepares us for mission**

In the face of the sin and injustice we see present within ourselves, in our communities and our world, the Eucharist "plants a seed of living hope in our daily commitment to the work before us", challenging us to live "Eucharistic" lives. Our hunger for Christ in the Eucharist becomes our hunger for Eucharistic living in our world. Thus, Eucharist affirms our role as citizens and as men and women in various professions at different levels of society in 'contributing with the light of the Gospel to the building of a more human world, a world fully in harmony with God's plan'. (JP II, *Ecclesia de Eucharistia*, no. 20).